

# Find what?



# Changes to Internet Immersion

- Increased empathy in online communities: Social media platforms and online forums have created spaces for people to share their experiences, fostering empathy and understanding.
- Virtual reality empathy experiences: VR technology allows people to step into others' shoes, promoting deeper empathy and compassion.



Some **recent changes** to internet immersion include:-

Advancements in virtual and augmented reality technologies, creating more immersive experiences.

Increased use of social media and online communities, leading to deeper online connections.

- Growing popularity of **online gaming** and interactive entertainment.

- Improved **internet accessibility** and speeds, enabling seamless online interactions.

- Growing concerns about **digital addiction**, mental health, and online safety.



# some ideas

**1. Virtual reality empathy labs:** Create VR experiences that simulate real-world social and environmental issues to foster empathy and understanding.

**2. AI-powered mental health companions:** Develop AI-driven chatbots that offer emotional support and connect users with resources and support groups.



- Scenario 1: Empathy VR- Test VR experience that simulates a different life perspective- Measure empathy increase through surveysScenario
- 2: AI Mental Health Companion- Test AI chatbot for emotional support- Measure user engagement and mental health improvementScenario
- 3: Empathy Social Media Filter- Test algorithm that promotes diverse perspectives- Measure user interaction and empathy increaseScenario
- 4: Online Active Listening- Test facilitated online conversations on social issues- Measure empathy and understanding through surveys



- Test Scenario 1: Empathy-Building Virtual Reality Experience
- Test Scenario 2: AI-Powered Mental Health Companion
- Test Scenario 3: Social Media Empathy Filters
- Test Scenario 4: Online Active Listening Platform



- Here are some potential **uses** of changes to internet immersion with a focus on empathy:
- **1. Education and awareness:** Immersive experiences can teach empathy and understanding of social and environmental issues.
- **2. Mental health support:** Online platforms can provide emotional support and connect users with resources and support groups.
- **3. Conflict resolution:** Empathy-driven online interactions can facilitate constructive dialogue and resolve conflicts.



**Social inclusion:** Immersive technologies can increase empathy and understanding for marginalized communities.



Thank you





# some questions related to changes to internet immersion

1. How can virtual reality experiences enhance empathy and understanding of social issues?
2. What role can AI play in facilitating empathy-driven online interactions?
3. How can social media platforms be redesigned to promote empathy and counteract echo chambers?



# 1. How can social media platforms be redesigned to promote empathy and counteract echo chambers?

- **Meaningful Discussions**
  - Structured debate forums
  - Facilitate constructive dialogue
- **Community Building**
  - Visualize connections
  - Foster community moderation



## 2. How can virtual reality experiences enhance empathy and understanding of social issues?

- **1. Perspective-taking:** VR allows users to step into others' shoes, literally, and experience life from their perspective.
- **2. Immersive storytelling:** VR stories can evoke emotions and create a deeper connection to the issue.



### 3. What role can AI play in facilitating empathy-driven online interactions?

1. Recognize and analyze emotions
2. - Generate empathetic responses
3. Provide sentiment analysis and feedback
4. - Match users for supportive connections
5. - Create empathy-driven content
6. - Offer virtual empathy coaching



Enhance accessibility and inclusivity



story

- Meet Emma, a curious and tech-savvy individual. She loves exploring online worlds, watching videos, and scrolling through social media. One day, Emma discovers a new virtual reality platform.
- She puts on her headset and enters a fantastical world. Hours pass, and Emma forgets about her surroundings. She's fully immersed in the virtual world, exploring and interacting with others.
- Her phone buzzes, but she ignores it. Her friends call, but she doesn't answer. As the sun sets, Emma finally removes her headset, realizing she's spent the whole day online. She feels a mix of excitement and guilt, knowing she got lost in the virtual world. This story shows how easily someone can become immersed in the internet, losing track of time and reality.